

Slippery Elm Formula

Slippery Elm Formula is good for upset tummies.

Ensure it is given 1 hour away from food or other remedies.

Use about 2 tablespoons for an Irish Wolfhound adult

To make it:

1. Bring 1 cup of water to the boil
2. Add in in teaspoon of Slippery Elm Powder*
3. Simmer for 10 minutes
4. Remove from heat and stir in 1 tablespoon of honey until dissolved
5. Store in fridge between uses

* Slippery Elm Powder can be brought at a Health Food Store